

The Awakened of Christ

Col 4:2

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Background

What do you call a running sleepwalker? Fast asleep! Have you ever felt like you were running through your day spiritually fast asleep? Join us this Sunday as we hear the alarm bells ring in the Apostle Paul's letter to the Colossians.

Sermon Text: Col 4:2 (NIV)

[2](#) *Devote yourselves to prayer, being watchful and thankful.*

Discussion Questions

1. Preparation

- a. What is one thing you hoped to talk about today/tonight?
- b. What question(s) did you come away with from the sermon?
- c. What stands out to you the most from this sermon?

2. Sunday questions

- a. Eugene said, "There is no plain reading of Scripture. Only careful and thoughtful reading of Scripture." How do you respond to this statement?
- b. Eugene said that being watchful for the advent of Christ is what Paul is talking about here. What does that look like for you?
- c. The problem is that we fall asleep before God because of the spiritual sedation from the world. Do you feel this spiritual sedation? If so, can you name what causes spiritual sedation for you?
- d. How do you stay spiritually awake? Name specific ways that help you stay spiritually awake?
- e. Paul's main command here is to be committed to prayer. Do you pray? If so, how do you typically pray? What can you do to increase your commitment to prayer? Here are a few ideas:
 - Join a prayer group through the week (Eugene mentioned a few in his sermon).
 - Try a new way to pray. This could be reading set prayers (like the collects), praying through the Psalms or writing out your prayers.
 - Another idea: Pray the Lord's Prayer every morning and focus each day on one theme from the prayer.

– Something like this:

Monday: Our Father in heaven, Hallowed be your name,

Tuesday: Your kingdom come,

Wednesday: Your will be done, On earth as it is in heaven.

Thursday: Give us today our daily bread,

Friday: And forgive us our debts, As we also have forgiven our debtors.

Saturday: And lead us not into temptation, But deliver us from the evil one.

Some additional thoughts:

For Mondays, you are praising and thanking the Father.

For Tuesdays, you are praying through how you want his kingdom to come in every area of your life.

For Wednesdays, you are praying to give your will over to His will in your different areas of life.

For Thursdays, you are praying for your needs (I would still begin with praising and thanking the Lord.)

For Fridays, you are praying for forgiveness and that you can be forgiving toward others.

For Saturdays, you are praying for wisdom and guidance against the temptations in your life.