

Hebrews

NET Bible

Introduction: God Has Spoken Fully and Finally in His Son

1:1 After God spoke long ago¹ in various portions² and in various ways³ to our ancestors⁴ through the prophets, **1:2** in these last days he has spoken to us in a son,⁵ whom he appointed heir of all things, and through whom he created the world.⁶ **1:3** The Son is⁷ the radiance of his glory and the representation of his essence, and he sustains all things by his powerful word,⁸ and so when he had accomplished cleansing for sins, *he sat down at the right hand of the Majesty on high.*⁹ **1:4** Thus he became¹⁰ so far better than the angels as¹¹ he has inherited a name superior to theirs.

The Son Is Superior to Angels

1:5 For to which of the angels did God¹² ever say, “**You are my son! Today I have fathered you**”?¹³ And in another place¹⁴ he says,¹⁵ “**I will be his father and he will be my son.**”¹⁶ **1:6** But when he again brings¹⁷ his firstborn into the world, he says, “**Let all the angels of God worship him!**”¹⁸ **1:7** And he says¹⁹ of the angels, “**He makes**²⁰ **his angels spirits and his ministers a flame of fire,**”²¹ **1:8** but of²² the Son he says,²³

“**Your throne, O God, is forever and ever,**²⁴

and a righteous scepter²⁵ **is the scepter of your kingdom.**

1:9 **You have loved righteousness and hated lawlessness.**

So God, your God, has anointed you over your companions²⁶ **with the oil of rejoicing.**²⁷

1:10 And,

“**You founded the earth in the beginning, Lord,**²⁸
and the heavens are the works of your hands.”

¹tn Or “spoke formerly.”

²tn Or “parts.” The idea is that God’s previous revelation came in many parts and was therefore fragmentary or partial (L&N 63.19), in comparison with the final and complete revelation contained in God’s Son. However, some interpret πολυμερῶς (*polumerōs*) in Heb 1:1 to mean “on many different occasions” and would thus translate “many times” (L&N 67.11). This is the option followed by the NIV: “at many times and in various ways.” Finally, this word is also understood to refer to the different manners in which something may be done, and would then be translated “in many different ways” (L&N 89.81). In this last case, the two words πολυμερῶς and πολυτρόπως (*polutropōs*) mutually reinforce one another (“in many and various ways,” NRSV).

³tn These two phrases are emphasized in Greek by being placed at the beginning of the sentence and by alliteration.

⁴tn Grk “to the fathers.”

⁵tn The Greek puts an emphasis on the quality of God’s final revelation. As such, it is more than an indefinite notion (“a son”) though less than a definite one (“the son”), for this final revelation is not just through *any* son of God, nor is the emphasis specifically on the person himself. Rather, the focus here is on the *nature* of the vehicle of God’s revelation: he is no mere spokesman (or prophet) for God, nor is he merely a heavenly messenger (or angel); instead, this final revelation comes through one who is intimately acquainted with the heavenly Father in a way that only a family member could be. There is, however, no exact equivalent in English (“in son” is hardly good English style).

⁶sn The phrase *in a son* is the fulcrum of Heb 1:1-4. It concludes the contrast of God’s old and new revelation and introduces a series of seven descriptions of the Son. These descriptions show why he is the ultimate revelation of God.

⁷tn Grk “the ages.” The temporal (ages) came to be used of the spatial (what exists in those time periods). See Heb 11:3 for the same usage.

⁸tn Grk “who being...and sustaining.” Heb 1:1-4 form one skillfully composed sentence in Greek, but it must be broken into shorter segments to correspond to contemporary English usage, which does not allow for sentences of this length and complexity.

⁹tn Grk “by the word of his power.”

¹⁰sn An allusion to Ps 110:1, quoted often in Hebrews.

¹¹tn Grk “having become.” This is part of the same sentence that extends from v. 1 through v. 4 in the Greek text.

¹²sn This comparison is somewhat awkward to express in English, but it reflects an important element in the argument of Hebrews: the superiority of Jesus Christ.

¹³tn Grk “he”; the referent (God) has been specified in the translation for clarity.

¹⁴tn Grk “I have begotten you.”

¹⁵sn A quotation from Ps 2:7.

¹⁶tn Grk “And again,” quoting another OT passage.

¹⁷tn The words “he says” are not in the Greek text but are supplied to make a complete English sentence. In the Greek text this is a continuation of the previous sentence, but English does not normally employ such long and complex sentences.

¹⁸tn Grk “I will be a father to him and he will be a son to me.”

¹⁹sn A quotation from 2 Sam 7:14 (cf. 1 Chr 17:13).

²⁰tn Or “And again when he brings.” The translation adopted in the text looks forward to Christ’s second coming to earth. Some take “again” to introduce the quotation (as in 1:5) and understand this as Christ’s first coming, but this view does not fit well with Heb 2:7. Others understand it as his exaltation/ascension to heaven, but this takes the phrase “into the world” in an unlikely way.

²¹sn A quotation combining themes from Deut 32:43 and Ps 97:7.

²²sn The Greek correlative conjunctions μέν and δέ (*men* and *de*) emphasize the contrastive parallelism of vs. 7 (what God says about the angels) over against vv. 8-9 and vv. 10-12 (what God says about the son).

²³tn Grk “He who makes.”

²⁴sn A quotation from Ps 104:4.

²⁵tn Or “to.”

²⁶tn The verb “he says” (λέγει, *legei*) is implied from the λέγει of v. 7.

²⁷tn Or possibly, “Your throne is God forever and ever.” This translation is quite doubtful, however, since (1) in the context the Son is being contrasted to the angels and is presented as far better than they. The imagery of God being the Son’s throne would seem to be of God being his authority. If so, in what sense could this *not* be said of the angels? In what sense is the Son thus contrasted with the angels? (2) The μέν...δέ (*men...de*) construction that connects v. 7 with v. 8 clearly lays out this contrast: “On the one hand, he says of the angels...on the other hand, he says of the Son.” Thus, although it is grammatically possible that θεός (*theos*) in v. 8 should be taken as a predicate nominative, the context and the correlative conjunctions are decidedly against it. Hebrews 1:8 is thus a strong affirmation of the deity of Christ.

²⁸tn Grk “the righteous scepter,” but used generically.

²⁹sn *God...has anointed you over your companions.* God’s anointing gives the son a superior position and authority over his fellows.

³⁰sn A quotation from Ps 45:6-7.

³¹sn *You founded the earth...your years will never run out.* In its original setting Ps 102:25-27 refers to the work of God in creation, but here in Hebrews 1:10-12 the writer employs it in reference to Christ, the *Lord*, making a strong argument for the essential deity of the Son.

1:11 *They will perish, but you continue.
And they will all grow old like a garment,
1:12 and like a robe you will fold them up
and like a garment they will be changed,
but you are the same and your years will never run out.*^{29,29}

1:13 But to which of the angels³⁰ has he ever said, **“Sit at my right hand until I make your enemies a footstool for your feet”**?³¹
1:14 Are they not all ministering spirits, sent out to serve those³² who will inherit salvation?

Warning Against Drifting Away

2:1 Therefore we must pay closer attention to what we have heard, so that we do not drift away. **2:2** For if the message spoken through angels³³ proved to be so firm that every violation³⁴ or disobedience received its just penalty, **2:3** how will we escape if we neglect such a great salvation? It was first communicated through the Lord and was confirmed to us by those who heard him, **2:4** while God confirmed their witness³⁵ with signs and wonders and various miracles and gifts of the Holy Spirit distributed³⁶ according to his will.

Exposition of Psalm 8:

Jesus and the Destiny of Humanity

2:5 For he did not put the world to come,³⁷ about which we are speaking,³⁸ under the control of angels. **2:6** Instead someone testified somewhere:³⁹

“What is man that you think of him⁴⁰ or the son of man that you care for him?

2:7 *You made him lower than the angels for a little while.
You crowned him with glory and honor.*

2:8 *You put all things under his control.*⁴¹

For when he **put all things under his control**, he left nothing outside of his control. At present we do not yet see **all things under his control**,⁴² **2:9** but we see Jesus, who was made **lower than the angels for a little while**,⁴³ now crowned with glory and honor because he suffered death,⁴⁴ so that by God’s grace he would experience death on behalf of everyone. **2:10** For it was fitting for him, for whom and through whom all things exist,⁴⁵ in bringing many sons to glory, to make the pioneer⁴⁶ of their salvation perfect through sufferings. **2:11** For indeed he who makes holy and those being made holy all have the same origin,⁴⁷ and so⁴⁸ he is not ashamed to call them brothers and sisters,⁴⁹ **2:12** saying, **“I will proclaim your name to my brothers,⁵⁰ in the midst of the assembly I will praise you.”**⁵¹ **2:13** Again he says,⁵² “I will be confident in him,” and again, **“Here I am,⁵³ with⁵⁴ the children God has given me.”**⁵⁵ **2:14** Therefore, since the children share in flesh and blood, he likewise shared in⁵⁶ their humanity,⁵⁷ so that through death he could destroy⁵⁸ the one who holds the power of death (that is, the devil), **2:15** and set free those who were held in slavery all their lives by their fear of death. **2:16** For surely his concern is not for angels, but he is concerned for Abraham’s descendants. **2:17** Therefore he had⁵⁹ to be made like his brothers and sisters⁶⁰ in every respect, so that he could become a merciful and faithful high priest in things relating to God, to make atonement⁶¹ for the sins of the people. **2:18** For since he himself suffered when he was tempted, he is able to help those who are tempted.

²⁹ sn A quotation from Ps 102:25-27.
³⁰ sn The parallel phrases *to which of the angels* in vv. 5 and 13 show the unity of this series of quotations (vv. 5-14) in revealing the superiority of the son over angels (v. 4).
³¹ sn A quotation from Ps 110:1.
³² tn Grk “sent for service for the sake of those.”
³³ sn *The message spoken through angels* refers to the OT law, which according to Jewish tradition was mediated to Moses through angels (cf. Deut 33:2; Ps 68:17-18; Acts 7:38, 53; Gal 3:19; and *Jub.* 1:27, 29; Josephus, *Ant.* 15.5.3 [15.136]).
³⁴ tn Grk “through angels became valid and every violation.”
³⁵ tn Grk “God bearing witness together” (the phrase “with them” is implied).
³⁶ tn Grk “and distributions of the Holy Spirit.”
³⁷ sn The phrase *the world to come* means “the coming inhabited earth,” using the Greek term which describes the world of people and their civilizations.
³⁸ sn See the previous reference to *the world* in Heb 1:6.
³⁹ sn The following quotation is from Ps 8:4-6.
⁴⁰ tn Grk “remember him.”
⁴¹ tn Grk “you subjected all things under his feet.”
⁴² sn A quotation from Ps 8:4-6.
⁴³ sn The expression *all things under his control* occurs three times in 2:8. The latter two occurrences are not exactly identical to the Greek text of Ps 8:6 quoted at the beginning of the verse, but have been adapted by the writer of Hebrews to fit his argument.
⁴⁴ tn Or “who was made a little lower than the angels.”
⁴⁵ tn Grk “because of the suffering of death.”
⁴⁶ tn Grk “for whom are all things and through whom are all things.”
⁴⁷ sn The Greek word translated *pioneer* is used of a “prince” or leader, the representative head of a family. It also carries nuances of “trailblazer,” one who breaks through to new ground for those who follow him. It is used some thirty-five times in the Greek OT and four times in the NT, always of Christ (Acts 3:15; 5:31; Heb 2:10; 12:2).
⁴⁸ tn Grk “are all from one.”
⁴⁹ tn Grk “for which reason.”
⁵⁰ tn Grk “brothers,” but the Greek word may be used for “brothers and sisters” as here (cf. BAGD 16 s.v. ἀδελφός 1, where considerable nonbiblical evidence for the plural ἀδελφοί [*adelphoi*] meaning “brothers and sisters” is cited). The context here also indicates both men and women are in view; note especially the collective τὰ παῖδια (*ta paidia*) in v. 14.
⁵¹ tn Here, because of its occurrence in an OT quotation, τοῖς ἀδελφοῖς (*tois adelphois*) has been translated simply as “brothers” rather than “brothers and sisters” (see the note on the latter phrase in the previous verse).
⁵² sn A quotation from Ps 22:22.
⁵³ tn Grk “and again,” as a continuation of the preceding.
⁵⁴ tn Grk “behold, I,” but this construction often means “here is/there is” (cf. BAGD 371 s.v. ἰδοὺ 2).
⁵⁵ tn Grk “and.”
⁵⁶ sn A quotation from Isa 8:17-18.
⁵⁷ tn Or “partook of” (this is a different word than the one in v. 14a).
⁵⁸ tn Grk “the same.”
⁵⁹ tn Or “break the power of,” “reduce to nothing.”
⁶⁰ tn Or “he was obligated.”
⁶¹ tn Grk “brothers.” See note on the phrase “brothers and sisters” in 2:11.
⁶² tn Or “propitiation.”

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Jesus and Moses

3:1 Therefore, holy brothers and sisters,⁶² partners in a heavenly calling, take note of Jesus, the apostle and high priest whom we confess,⁶³ **3:2** who is faithful to the one who appointed him, as Moses was also in God's⁶⁴ house.⁶⁵ **3:3** For he has come to deserve greater glory than Moses, just as the builder of a house deserves greater honor than the house itself! **3:4** For every house is built by someone, but the builder of all things is God. **3:5** Now Moses was *faithful in all God's⁶⁶ house⁶⁷* as a servant, to testify to the things that would be spoken. **3:6** But Christ⁶⁸ is faithful as a son over God's⁶⁹ house. We are of his house,⁷⁰ if in fact we hold firmly⁷¹ to our confidence and the hope we take pride in.⁷²

Exposition of Psalm 95: Hearing God's Word in Faith

3:7 Therefore, as the Holy Spirit says,⁷³

"Oh, that today you would listen as he speaks!"⁷⁴

3:8 *"Do not harden your hearts as in the rebellion, in the day of testing in the wilderness.*

3:9 *"There your fathers tested me and tried me,⁷⁵ and they saw my works for forty years.*

3:10 *"Therefore, I became provoked at that generation and said, 'Their hearts are always wandering⁷⁶ and they have not known my ways.'*

3:11 *"As I swore in my anger, 'They will never enter my rest!'"⁷⁷*

3:12 See to it,⁷⁸ brothers and sisters,⁷⁹ that none of you has⁸⁰ an evil, unbelieving heart that forsakes⁸¹ the living God.⁸² **3:13** But exhort one another each day, as long as it is called "Today," that none of you may become hardened by sin's deception. **3:14** For we have become partners with Christ, if in fact we hold our initial confidence⁸³ firm until the end. **3:15** As it says,⁸⁴ *"Oh, that today you would listen as he speaks!"⁸⁵ Do not harden your hearts as in the rebellion.*⁸⁶ **3:16** For which ones heard and rebelled? Was it not all who came out of Egypt under Moses' leadership?⁸⁷ **3:17** And against whom was God⁸⁸ provoked for forty years? Was it not those who sinned, *whose dead bodies fell in the wilderness?*⁸⁹ **3:18** And to whom did he swear they would never enter into his rest, except those who were disobedient? **3:19** So⁹⁰ we see that they could not enter because of unbelief.

God's Promised Rest

4:1 Therefore we must be wary⁹¹ that, while the promise of entering his rest remains open, none of you may seem to have come short of it. **4:2** For we had good news proclaimed to us just as they did. But the message they heard did them no good, since they did not join in⁹² with those who heard it in faith.⁹³ **4:3** For we who have believed enter that rest, as he has said, *"As I swore in my anger, 'They will never enter my rest!'"⁹⁴* And yet God's works⁹⁵ were accomplished from the foundation of the world. **4:4** For he has spoken somewhere about the seventh day in this way: *"And God rested on the seventh day from all his works."*⁹⁶ **4:5** but to repeat the text cited earlier:⁹⁷ *"They will never enter my rest!"* **4:6** Therefore it remains for some to enter it, yet those to whom it was previously proclaimed did not enter because of disobedience. **4:7** So God⁹⁸ again ordains a certain day, "Today," speaking through David⁹⁹ after so long a time, as in the words quoted before,¹⁰⁰ *"O, that today you would listen as he speaks!"¹⁰¹ Do not harden your*

⁶²tn Grk "brothers." See note on the phrase "brothers and sisters" in 2:11.

⁶³tn Grk "of our confession."

⁶⁴tn Grk "his"; in the translation the referent (God) has been specified for clarity.

⁶⁵tc The reading adopted by the translation follows a few early MSS and some versions (ϩ13 ϩ 46 B vg^{ms} cop Ambrose). The majority of MSS (Σ A C D Ψ 0243 0278 33 1739 1881 Byz lat syr) insert "all" ("in all his house"), evidently anticipating Heb 3:5 which quotes directly from Num 12:7. Scribes would be more likely to insert the word "all" to make Heb 3:2 conform to the quotation in Heb 3:5 than they would be to omit the word.

⁶⁶tn Grk "his"; in the translation the referent (God) has been specified for clarity.

⁶⁷sn A quotation from Num 12:7.

⁶⁸sn The Greek makes the contrast between v. 5 and v. 6a more emphatic and explicit than is easily done in English.

⁶⁹tn Grk "his"; in the translation the referent (God) has been specified for clarity.

⁷⁰tn Grk "whose house we are," continuing the previous sentence.

⁷¹tc The reading adopted by the translation is found in ϩ13 ϩ46 B sa, while the vast majority of MSS (Σ A C D K P Ψ 0243 0278 33 81 629 1739 1881 Byz latt syr^{pl}) do add μέχρι τέλους βεβαίαν (*mechri telous bebaian*, "secure until the end"). The external evidence for the omission, though minimal, has excellent credentials. Considering the internal factors, B. M. Metzger (*Textual Commentary*, 595) finds it surprising that the feminine adjective βεβαίαν should modify the neuter noun καύχημα (*kauchēma*, here translated "we take pride"). Since the same phrase occurs at Heb 3:14, it is quite likely that later scribes added it here at Heb 3:6 in anticipation of Heb 3:14. While these words belong at 3:14, they seem foreign to 3:6.

⁷²tc Some MSS (Σ A C D 33 1739) add "secure until the end" (cf. Heb 3:14).

⁷³tn Grk "the pride of our hope."

⁷⁴sn The following quotation is from Ps 95:7b-11.

⁷⁵tn Grk "today if you hear his voice."

⁷⁶tn Grk "tested me by trial."

⁷⁷tn Grk "they are wandering in the heart."

⁷⁸tn Grk "if they shall enter my rest," a Hebrew idiom expressing an oath that something will certainly not happen.

⁷⁹tn Or "take care."

⁸⁰tn Grk "brothers." See note on the phrase "brothers and sisters" in 2:11.

⁸¹tn Grk "that there not be in any of you."

⁸²tn Or "deserts," "rebels against."

⁸³tn Grk "in forsaking the living God."

⁸⁴tn Grk "the beginning of the confidence."

⁸⁵tn Grk "while it is said."

⁸⁶tn Grk "today if you hear his voice."

⁸⁷sn A quotation from Ps 95:7b-8.

⁸⁸tn Grk "through Moses."

⁸⁹tn Grk "he"; in the translation the referent (God) has been specified for clarity.

⁹⁰sn An allusion to God's judgment pronounced in Num 14:29, 32.

⁹¹tn Here καί (*kai*) has been translated as "So" to indicate a summary or conclusion to the argument of the preceding paragraph.

⁹²tn Grk "let us fear."

⁹³tn Or "they were not united."

⁹⁴tc Some MSS read "since it [the message] was not combined with faith by those who heard it."

⁹⁵sn A quotation from Ps 95:11.

⁹⁶tn Grk "although the works," continuing the previous reference to God. The referent (God) is specified in the translation for clarity.

⁹⁷sn A quotation from Gen 2:2.

⁹⁸tn Grk "and in this again."

⁹⁹tn Grk "he"; the referent (God) has been specified in the translation for clarity.

¹⁰⁰sn Ps 95 does not mention David either in the text or the superscription. It is possible that the writer of Hebrews is attributing the entire collection of

hearts.” **4:8** For if Joshua had given them rest, God¹⁰² would not have spoken afterwards about another day. **4:9** Consequently a Sabbath rest remains for the people of God. **4:10** For the one who enters God’s¹⁰³ rest has also rested from his works, just as God did from his own works. **4:11** Thus we must make every effort to enter that rest, so that no one may fall by following the same pattern of disobedience. **4:12** For the word of God is living and active and sharper than any double-edged sword, piercing even to the point of dividing soul from spirit, and joints from marrow; it is able to judge the desires and thoughts of the heart. **4:13** And no creature is hidden from God,¹⁰⁴ but everything is naked and exposed to his eyes to whom we must render an account.

Jesus Our Compassionate High Priest

4:14 Therefore since we have a great high priest who has passed through the heavens, Jesus the Son of God, let us hold fast to our confession. **4:15** For we do not have a high priest incapable of sympathizing with our weaknesses, but one who has been tempted in every way just as we are, yet without sin. **4:16** Therefore let us confidently approach the throne of grace to receive mercy and find grace whenever we need help.¹⁰⁵

5:1 For every high priest is taken from among people¹⁰⁶ and appointed¹⁰⁷ to represent them before God,¹⁰⁸ to offer both gifts and sacrifices for sins. **5:2** He is able to deal compassionately with those who are ignorant and erring, since he also is subject to weakness, **5:3** and for this reason he is obligated to make sin-offerings for himself as well as for the people. **5:4** And no one assumes this honor¹⁰⁹ on his own initiative,¹¹⁰ but only when called to it by God,¹¹¹ as in fact Aaron was. **5:5** So also Christ did not glorify himself in becoming high priest, but the one who glorified him was God,¹¹² who said to him, “*You are my Son! Today I have fathered you.*”¹¹³ **5:6** as also in another place God¹¹⁴ says, “*You are a priest forever in the order of Melchizedek.*”¹¹⁵ **5:7** During his earthly life¹¹⁶ Christ¹¹⁷ offered¹¹⁸ both requests and supplications, with loud cries and tears, to the one who was able to save him from death and he was heard because of his devotion. **5:8** Although he was a son, he learned obedience through the things he suffered.¹¹⁹ **5:9** And by being perfected in this way, he became the source of eternal salvation to all who obey him, **5:10** and he was designated¹²⁰ by God as high priest *in the order of Melchizedek.*¹²¹

The Need to Move on to Maturity

5:11 On this topic we have much to say¹²² and it is difficult to explain, since you have become sluggish¹²³ in hearing. **5:12** For though you should in fact be teachers by this time,¹²⁴ you need someone to teach you the beginning elements of God’s utterances.¹²⁵ You have gone back to needing¹²⁶ milk, not solid food. **5:13** For everyone who lives on milk is inexperienced in the message of righteousness, because he is an infant. **5:14** But solid food is for the mature, whose perceptions are trained by practice to discern both good and evil.

6:1 Therefore we must progress beyond¹²⁷ the elementary¹²⁸ instructions about Christ¹²⁹ and move on¹³⁰ to maturity, not laying this foundation again: repentance from dead works and faith in God, **6:2** teaching about baptisms, laying on of hands, resurrection of the dead, and eternal judgment. **6:3** And this is what we intend to do,¹³¹ if God permits. **6:4** For it is impossible in the case of those who have once been enlightened, tasted the heavenly gift, become partakers of the Holy Spirit, **6:5** tasted the good word of God and the miracles of the coming age, **6:6** and then have committed apostasy,¹³² to renew them again to repentance, since¹³³ they are crucifying the Son of God for themselves all over again¹³⁴ and holding him up to contempt. **6:7** For the ground that has soaked up the rain that frequently falls on¹³⁵ it and yields useful vegetation for those who tend it receives a blessing from God. **6:8** But if it produces thorns and thistles, it is useless and about to be cursed,¹³⁶ its fate is to be burned. **6:9** But in your case, dear friends, even though we

psalms to David (although some psalms are specifically attributed to other individuals or groups).

¹⁰⁰tn Grk “as it has been said before” (see Heb 3:7).

¹⁰¹tn Grk “today if you hear his voice.”

¹⁰²tn Grk “he”; the referent (God) has been specified in the translation for clarity.

¹⁰³tn Grk “his”; the referent (God) has been specified in the translation for clarity.

¹⁰⁴tn Grk “him”; the referent (God) has been specified in the translation for clarity.

¹⁰⁵tn Grk “for timely help.”

¹⁰⁶tn Grk “among men,” but the point in the context is shared humanity (rather than shared maleness).

¹⁰⁷tn Grk “who is taken from among people is appointed.”

¹⁰⁸tn Grk “appointed on behalf of people in reference to things relating to God.”

¹⁰⁹sn *Honor* refers here to the honor of the high priesthood.

¹¹⁰tn Grk “by himself, on his own.”

¹¹¹tn Grk “being called by God.”

¹¹²tn Grk “the one”; the referent (God) has been specified in the translation for clarity.

¹¹³tn Grk “I have begotten you”; see Heb 1:5.

¹¹⁴sn A quotation from Ps 2:7.

¹¹⁵tn Grk “he”; the referent (God) has been specified in the translation for clarity.

¹¹⁶sn A quotation from Ps 110:4.

¹¹⁷tn Grk “in the days of his flesh.”

¹¹⁸tn Grk “he”; the referent (Christ) has been specified in the translation for clarity.

¹¹⁹tn Grk “who...having offered,” continuing the description of Christ from Heb 5:5-6.

¹²⁰sn There is a wordplay in the Greek text between the verbs “learned” (ἐμαθεν, *emathen*) and “suffered” (ἐπαθεν, *epathen*).

¹²¹tn Grk “having been designated,” continuing the thought of Heb 5:9.

¹²²sn The phrase *in the order of Melchizedek* picks up the quotation from Ps 110:4 in Heb 5:6.

¹²³tn Grk “concerning which the message for us is great.”

¹²⁴tn Or “dull.”

¹²⁵tn Grk “because of the time.”

¹²⁶tn Grk “the elements of the beginning of the oracles of God.”

¹²⁷tn Grk “you have come to have a need for.”

¹²⁸tn Grk “Therefore leaving behind.” The implication is not of abandoning this elementary information, but of building on it.

¹²⁹tn Or “basic.”

¹³⁰tn Grk “the message of the beginning of Christ.”

¹³¹tn Grk “leaving behind...let us move on.”

¹³²tn Grk “and we will do this.”

¹³³tn Or “have fallen away.”

¹³⁴tn Or “while”; Grk “crucifying...and holding.” The Greek participles here (“crucifying...and holding”) can be understood as either causal (“since”) or temporal (“while”).

¹³⁵tn Grk “recrucifying the son of God for themselves.”

¹³⁶tn Grk “comes upon.”

¹³⁷tn Grk “near to a curse.”

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speaking like this, we are convinced of better things relating to salvation. **6:10** For God is not unjust so as to forget your work and the love you have demonstrated for his name, in having served and continuing to serve the saints. **6:11** But we passionately want each of you to demonstrate the same eagerness for the fulfillment of your hope until the end, **6:12** so that you may not be sluggish,¹³⁷ but imitators of those who through faith and perseverance inherit the promises.

6:13 Now when God made his promise to Abraham, since he could swear by no one greater, he swore by himself, **6:14** saying, “**Surely I will bless you greatly and multiply your descendants abundantly.**”¹³⁸ **6:15** And so by persevering, Abraham¹³⁹ inherited the promise. **6:16** For people swear by something greater than themselves,¹⁴⁰ and the oath serves as a confirmation to end all dispute.¹⁴¹ **6:17** In the same way¹⁴² God wanted to demonstrate more clearly to the heirs of the promise that his purpose was unchangeable,¹⁴³ and so he intervened with an oath, **6:18** so that we who have found refuge in him¹⁴⁴ may find strong encouragement to hold fast to the hope set before us through two unchangeable things, since it is impossible for God to lie. **6:19** We have this hope as an anchor for the soul, sure and steadfast, which reaches inside behind the curtain,¹⁴⁵ **6:20** where Jesus our forerunner entered on our behalf, since he became **a priest forever in the order of Melchizedek.**¹⁴⁶

The Nature of Jesus’ Melchizedekan Priesthood

7:1 Now this **Melchizedek, king of Salem, priest of the most high God, met Abraham as he was returning from defeating the kings and blessed him.**¹⁴⁷ **7:2** To him¹⁴⁸ also **Abraham apportioned a tithe¹⁴⁹ of everything.**¹⁵⁰ His name first means¹⁵¹ king of righteousness, then **king of Salem**, that is, king of peace. **7:3** Without father, without mother, without genealogy, he has neither beginning of days nor end of life but is like the son of God, and he remains a priest for all time. **7:4** But see how great he must be, if¹⁵² Abraham the patriarch gave him a tithe¹⁵³ of his finest plunder. **7:5** And those of the sons of Levi who receive the priestly office¹⁵⁴ have authorization according to the law to collect a tithe from the people, that is, from their fellow countrymen,¹⁵⁵ although they too are descendants of Abraham.¹⁵⁶ **7:6** But Melchizedek¹⁵⁷ who does not share their ancestry¹⁵⁸ collected a tithe¹⁵⁹ from Abraham and blessed¹⁶⁰ the one who possessed the promise. **7:7** Now without dispute the inferior is blessed by the superior, **7:8** and in one case tithes are received by mortal men, while in the other by him who is affirmed to be alive. **7:9** And it could be said that Levi himself, who receives tithes, paid a tithe through Abraham. **7:10** For he was still in his ancestor’s loins¹⁶¹ when Melchizedek met him.

The Significance of Jesus’ Melchizedekan Priesthood

7:11 So if perfection had in fact been possible through the Levitical priesthood—for on that basis¹⁶² the people received the law—what further need would there have been for another priest to arise, said to be in the order of Melchizedek and not in Aaron’s order? **7:12** For when the priesthood changes, a change in the law must come¹⁶³ as well. **7:13** Yet the one these things are spoken about belongs to¹⁶⁴ a different tribe, and no one from that tribe¹⁶⁵ has ever officiated at the altar. **7:14** For it is clear that our Lord is descended from Judah, yet Moses said nothing about priests in connection with that tribe. **7:15** And this is even clearer if another priest arises in the likeness of Melchizedek, **7:16** who has become a priest not by a legal regulation about physical descent¹⁶⁶ but by the power of an indestructible life. **7:17** For here is the testimony about him:¹⁶⁷ “**You are a priest forever in the order of Melchizedek.**”¹⁶⁸ **7:18** On the one hand a former command is set aside¹⁶⁹ because it is weak and useless,¹⁷⁰ **7:19** for the law made nothing perfect. On the other hand a better hope is introduced, through which we draw near to God. **7:20** And since¹⁷¹ this was not done without a sworn affirmation—for the others have become priests without a sworn affirmation, **7:21** but Jesus¹⁷² did so¹⁷³ with a

¹³⁷tn Or “dull.”

¹³⁸tn Grk “in blessing I will bless you and in multiplying I will multiply you,” the Greek form of a Hebrew idiom showing intensity.

¹³⁹sn A quotation from Gen 22:17.

¹⁴⁰tn Grk “he”; in the translation the referent (Abraham) has been specified for clarity.

¹⁴¹tn Grk “by something greater”; the rest of the comparison (“than themselves”) is implied.

¹⁴²tn Grk “the oath for confirmation is an end of all dispute.”

¹⁴³tn Grk “in which.”

¹⁴⁴tn Or “immutable” (here and in v. 18); Grk “the unchangeableness of his purpose.”

¹⁴⁵tn Grk “have taken refuge”; the basis of that refuge is implied in the preceding verse.

¹⁴⁶sn The curtain refers to the veil or drape in the temple that separated the holy place from the holy of holies.

¹⁴⁷sn A quotation from Ps 110:4, picked up again from Heb 5:6, 10.

¹⁴⁸sn A series of quotations from Gen 14:17-19.

¹⁴⁹tn Grk “to whom,” continuing the description of Melchizedek. Because of the length and complexity of the Greek sentence, a new sentence was started here in the translation.

¹⁵⁰tn Or “a tenth part.”

¹⁵¹sn A quotation from Gen 14:20.

¹⁵²tn Grk “first being interpreted,” describing Melchizedek.

¹⁵³tn Grk “to whom.”

¹⁵⁴tn Or “a tenth part.”

¹⁵⁵tn Or “the priesthood.”

¹⁵⁶tn Grk “from their brothers.” See BAGD 16 s.v. ἀδελφός 3.

¹⁵⁷tn Grk “have come from the loins of Abraham.”

¹⁵⁸tn Grk “the one”; in the translation the referent (Melchizedek) has been specified for clarity.

¹⁵⁹tn Grk “is not descended from them.”

¹⁶⁰tn Or “a tenth part.”

¹⁶¹sn The verbs “collected...and blessed” emphasize the continuing effect of the past actions: i.e., Melchizedek’s importance.

¹⁶²tn Grk “in the loins of his father” (a reference to Abraham).

¹⁶³sn The point of the phrase *still in his ancestor’s loins* is that Levi was as yet unborn, still in his ancestor Abraham’s body. Thus Levi participated in Abraham’s action when Abraham paid tithes to Melchizedek.

¹⁶⁴tn Grk “based on it.”

¹⁶⁵tn Grk “of necessity a change in the law comes to pass.”

¹⁶⁶tn Grk “shares in.”

¹⁶⁷tn Grk “from which no one.”

¹⁶⁸tn Grk “a law of a fleshly command.”

¹⁶⁹tn Grk “for he/it is witnessed that.”

¹⁷⁰sn A quotation from Ps 110:4 (see Heb 5:6 and 6:20).

¹⁷¹tn Grk “the setting aside of a former command comes to pass.”

¹⁷²tn Grk “because of its weakness and uselessness.”

¹⁷³sn The Greek text contains an elaborate comparison between v. 20a and v. 22, with a parenthesis (vv. 20b-21) in between; the comparison is literally, “by as much as...by so much” or “to the degree that...to that same degree.”

¹⁷⁴tn Grk “he”; the referent (Jesus) has been specified in the translation for clarity.

sworn affirmation by the one who said to him, “*The Lord has sworn and will not change his mind, ‘You are a priest forever*”¹⁷⁴—**7:22** accordingly Jesus has become the guarantee¹⁷⁵ of a better covenant. **7:23** And the others¹⁷⁶ who became priests were numerous, because death prevented them¹⁷⁷ from continuing in office,¹⁷⁸ **7:24** but he holds his priesthood permanently since he lives forever. **7:25** So he is able to save completely those who come to God through him, because he always lives to intercede for them. **7:26** For it is indeed fitting for us to have such a high priest: holy, innocent, undefiled, separate from sinners, and exalted above the heavens. **7:27** He has no need to do every day what those priests do, to offer sacrifices first for their own sins and then for the sins of the people, since he did this in offering himself once for all. **7:28** For the law appoints as high priests men subject to weakness,¹⁷⁹ but the word of solemn affirmation that came after the law appoints a son made perfect forever.

The High Priest of a Better Covenant

8:1 Now the main point of what we are saying is this:¹⁸⁰ We have such a high priest, one who *sat down at the right hand of the throne of the Majesty in heaven*,¹⁸¹ **8:2** a minister in the sanctuary and the true tabernacle that the Lord, not man, set up. **8:3** For every high priest is appointed to offer both gifts and sacrifices. So this one too had to have something to offer. **8:4** Now if he were on earth, he would not be a priest, since there are already priests who offer¹⁸² the gifts prescribed by the law. **8:5** The place where they serve is¹⁸³ a pattern¹⁸⁴ and shadow of the heavenly sanctuary, just as Moses was warned by God as he was about to complete the tabernacle. For he says, “*See that you make everything according to the example shown to you on the mountain.*”¹⁸⁵ **8:6** But¹⁸⁶ now Jesus¹⁸⁷ has obtained a superior ministry, since¹⁸⁸ the covenant that he mediates is also better and is enacted¹⁸⁹ on better promises.¹⁹⁰

8:7 For if that first covenant had been faultless, no one would have looked for a second one.¹⁹¹ **8:8** But¹⁹² showing its fault,¹⁹³ God¹⁹⁴ says to them,¹⁹⁵

“*Look, the days are coming, says the Lord, when I will complete a new covenant with the house of Israel and with the house of Judah.*

8:9 “*It will not be like the covenant*¹⁹⁶ *that I made with their fathers, on the day when I took them by the hand to lead them out of Egypt, because they did not continue in my covenant and I had no regard for them, says the Lord.*

8:10 “*For this is the covenant that I will establish with the house of Israel after those days, says the Lord. I will put*¹⁹⁷ *my laws in their minds*¹⁹⁸ *and I will inscribe them on their hearts. And I will be their God and they will be my people.*¹⁹⁹

8:11 “*And there will be no need at all*²⁰⁰ *for each one to teach his countryman or each one to teach his brother saying, ‘Know the Lord,’ since they will all know me, from the least to the greatest.*²⁰¹

8:12 “*For I will be merciful toward their evil deeds, and their sins I will remember no longer.*”²⁰²

8:13 When he speaks of a *new covenant*,²⁰³ he makes the first obsolete. Now what is growing obsolete and aging is about to disappear.²⁰⁴

The Arrangement and Ritual of the Earthly Sanctuary

9:1 Now the first covenant,²⁰⁵ in fact, had regulations for worship and its earthly sanctuary. **9:2** For a tent was prepared, the outer one,²⁰⁶ which contained²⁰⁷ the lampstand, the table, and the presentation of the loaves; this²⁰⁸ is called the holy place. **9:3** And after the second curtain there was a tent called the holy of holies. **9:4** It contained the golden altar of incense and the ark of the covenant covered entirely with gold. In this ark²⁰⁹ were the golden urn containing the manna, Aaron’s rod that budded, and the stone tablets of

¹⁷³ **tn** The words “did so” are not in the Greek text, but are implied.
¹⁷⁴ **sn** A quotation from Ps 110:4 (see Heb 5:6, 6:20, and 7:17).
¹⁷⁵ **tn** Or “surety.”
¹⁷⁶ **tn** *Grk* “they on the one hand” in contrast with “he on the other hand” in v. 24.
¹⁷⁷ **tn** *Grk* “they were prevented by death.”
¹⁷⁸ **tn** *Grk* “from continuing” (the words “in office” are supplied for clarity).
¹⁷⁹ **sn** See Heb 5:2 where this concept was introduced.
¹⁸⁰ **tn** *Grk* “the main point of the things being said.”
¹⁸¹ **sn** An allusion to Ps 110:1; see Heb 1:3, 13.
¹⁸² **tn** *Grk* “there are those who offer.”
¹⁸³ **tn** *Grk* “who serve in,” referring to the Levitical priests, but focusing on the provisional and typological nature of the tabernacle in which they served.
¹⁸⁴ **tn** Or “prototype,” “outline.” The Greek word does not mean “copy,” as it is often translated; it means “something to be copied,” a basis for imitation.
¹⁸⁵ **sn** A quotation from Exod 25:40.
¹⁸⁶ **sn** The Greek text indicates a contrast between vv. 4-5 and v. 6 that is difficult to render in English: Jesus’ status in the old order of priests (vv. 4-5) versus his superior ministry (v. 6).
¹⁸⁷ **tn** *Grk* “he”; in the translation the referent (Jesus) has been specified for clarity.
¹⁸⁸ **tn** *Grk* “to the degree that.”
¹⁸⁹ **tn** *Grk* “which is enacted.”
¹⁹⁰ **sn** This linkage of the change in priesthood with a change in the law or the covenant goes back to Heb 7:12, 22 and is picked up again in Heb 9:6-15 and 10:1-18.
¹⁹¹ **tn** *Grk* “no occasion for a second one would have been sought.”
¹⁹² **tn** *Grk* “for,” but providing an explanation of the God-intended limitation of the first covenant from v. 7.
¹⁹³ **sn** The “fault” or limitation in the *first covenant* was not in its inherent righteousness, but in its design from God himself. It was never intended to be his final revelation or provision for mankind; it was provisional, always pointing toward the fulfillment to come in Christ.
¹⁹⁴ **tn** *Grk* “he”; the referent (God) has been specified in the translation for clarity.
¹⁹⁵ **tc** Some MSS (X* A D* K 33 81) read, “in finding fault with them, he says,” alluding to Israel’s failings mentioned in v. 9b. The reading included in the text above, supported by P46 N* B D* 1739 Byz, is a harder reading theologically and is more likely to be original.
¹⁹⁶ **tn** *Grk* “not like the covenant,” continuing the description of v. 8b.
¹⁹⁷ **tn** *Grk* “putting...I will inscribe.”
¹⁹⁸ **tn** *Grk* “mind.”
¹⁹⁹ **tn** *Grk* “I will be to them for a God and they will be to me for a people,” following the Hebrew constructions of Jer 31.
²⁰⁰ **tn** *Grk* “they will not teach, each one his fellow citizen...” The Greek makes this negation emphatic: “they will certainly not teach.”
²⁰¹ **tn** *Grk* “from the small to the great.”
²⁰² **sn** A quotation from Jer 31:31-34.
²⁰³ **tn** *Grk* “when he says, ‘new,’” (referring to the covenant).
²⁰⁴ **tn** *Grk* “near to disappearing.”
²⁰⁵ **tn** *Grk* “the first” (referring to the covenant described in Heb 8:7, 13). In the translation the referent (covenant) has been specified for clarity.
²⁰⁶ **tn** *Grk* “the first,” in order of approach in the ritual.
²⁰⁷ **tn** *Grk* “in which [were].”
²⁰⁸ **tn** *Grk* “which,” describing the outer tent.
²⁰⁹ **tn** *Grk* “in which”; in the translation the referent (the ark) has been specified for clarity.

the covenant. **9:5** And above the ark²¹⁰ were the cherubim²¹¹ of glory overshadowing the mercy seat. Now is not the time to speak of these things in detail. **9:6** So with these things prepared like this, the priests enter continually into the outer tent²¹² as they perform their duties. **9:7** But only the high priest enters once a year into the inner tent,²¹³ and not without blood that he offers for himself and the errors of the people.²¹⁴ **9:8** The Holy Spirit is making clear that the way into the holy place had not yet appeared as long as the old tabernacle²¹⁵ was standing. **9:9** This was a symbol for the time then present, when gifts and sacrifices were offered that could not perfect the conscience of the worshiper. **9:10** They served only for matters of food and drink²¹⁶ and various washings; they are external regulations imposed until the new order came.²¹⁷

Christ's Service in the Heavenly Sanctuary

9:11 But now Christ has come²¹⁸ as the high priest of the good things to come. He passed through the greater and more perfect tent not made with hands, that is, not of this creation, **9:12** and he entered once for all into the most holy place not by the blood of goats and calves but by his own blood, and so he himself secured²¹⁹ eternal redemption. **9:13** For if the blood of goats and bulls and the ashes of a young cow sprinkled on those who are defiled consecrated them and provided ritual purity,²²⁰ **9:14** how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our²²¹ conscience from dead works to worship the living God.

9:15 And so he is the mediator²²² of a new covenant, so that those who are called may receive the eternal inheritance he has promised,²²³ since he died²²⁴ to set them free from the violations committed under the first covenant. **9:16** For where there is a will, the death of the one who made it must be proven.²²⁵ **9:17** For a will takes effect only at death, since it carries no force while the one who made it is alive. **9:18** So even the first covenant was inaugurated with blood.²²⁶ **9:19** For when Moses had spoken every command to all the people according to the law, he took the blood of calves and goats with water and scarlet wool and hyssop and sprinkled both the book itself and all the people, **9:20** and said, “*This is the blood of the covenant that the Lord has commanded you to keep*”²²⁷ **9:21** And both the tabernacle and all the utensils of worship he likewise sprinkled with blood. **9:22** Indeed according to the law almost everything was purified with blood, and without the shedding of blood there is no forgiveness. **9:23** So it was necessary for the patterns²²⁸ of the things in heaven to be purified with these sacrifices,²²⁹ but the heavenly things themselves required²³⁰ better sacrifices than these. **9:24** For Christ did not enter a sanctuary made with hands—the representation²³¹ of the true sanctuary²³²—but into heaven itself, and he appears now in God’s presence for us. **9:25** And he did not enter to offer²³³ himself again and again, the way the high priest enters the sanctuary year after year with blood that is not his own, **9:26** for then he would have had to suffer again and again since the foundation of the world. But now he has appeared once for all at the consummation of the ages to put away sin by his sacrifice. **9:27** And just as people are appointed to die once, and then to face judgment,²³⁴ **9:28** so also, after Christ was offered once to *bear the sins of many*,²³⁵ to those who eagerly await him he will appear a second time, not to bear sin²³⁶ but to bring salvation.²³⁷

²¹⁰ **tn** *Grk* “above it”; in the translation the referent (the ark) has been specified for clarity.
²¹¹ **sn** *The cherubim* (pl.) were an order of angels mentioned repeatedly in the OT but only here in the NT. They were associated with God’s presence, glory, and holiness. Their images that sat on top of the *ark* of the covenant are described in Exod 25:18-20.
²¹² **tn** *Grk* “the first tent.”
²¹³ **tn** *Grk* “the second tent.”
²¹⁴ **tn** *Grk* “the ignorances of the people.” This seems to be simply a synonym for “sins” (cf. Heb 5:2) and does not pick up the distinction made in Num 15:22-31 between unwitting sin and “high-handed” sin. The Day of Atonement ritual in Lev 16 covered all the sins of the people, not just the unwitting ones.
²¹⁵ **tn** *Grk* “the first tent.” The literal phrase “the first tent” refers to either (1) the outer chamber of the tabernacle in the wilderness (as in vv. 2, 6) or (2) the entire tabernacle as a symbol of the OT system of approaching God. The second is more likely given the contrast that follows in vv. 11-12.
²¹⁶ **tn** *Grk* “only for foods and drinks.”
²¹⁷ **tn** *Grk* “until the time of setting things right.”
²¹⁸ **tn** *Grk* “But Christ, when he came,” introducing a sentence that includes all of Heb 9:11-12. The main construction is “Christ, having come..., entered..., having secured...,” and everything else describes his entrance.
²¹⁹ **tn** This verb occurs in the Greek middle voice, which here intensifies the role of the subject, Christ, in accomplishing the action: “he alone secured”; “he and no other secured.”
²²⁰ **tn** *Grk* “for the purifying of the flesh.” The “flesh” here is symbolic of outward or ritual purity in contrast to inner purity, that of the conscience (cf. Heb 9:9).
²²¹ **tc** The reading adopted by the translation is attested by many authorities (A D* K P 365 1739* *et alii* vg^{cl} syr⁹ bo^{pl} Ambrose). But many others (8 D² 0278 33 1739^f 1881 *Byz* lat syr¹ sa bo^{pl}) read “your” instead of “our.” The diversity of evidence makes this a difficult case to decide from external evidence alone. The first and second person pronouns differ by only one letter in Greek, as in English, also making this problem difficult to decide based on internal evidence and transcriptional probability. In the context, the author’s description of sacrificial activities seems to invite the reader to compare his own possible participation in OT liturgy as over against the completed work of Christ, so the second person pronoun “your” might make more sense. On the other hand, B. M. Metzger (*Textual Commentary*, 599) argues that “our” is preferable because the author of Hebrews uses direct address (i.e., the second person) only in the hortatory sections. What is more, the author seems to prefer the first person in explanatory remarks or when giving the logical grounds for an assertion (cf. Heb 4:15; 7:14). It is hard to reach a definitive conclusion in this case, but the data lean slightly in favor of the first person pronoun.
²²² **tn** The Greek word μεσίτης (*mesitēs*, “mediator”) in this context does not imply that Jesus was a mediator in the contemporary sense of the word, i.e., he worked for compromise between opposing parties. Here the term describes his function as the one who was used by God to enact a new covenant which established a new relationship between God and his people, but entirely on God’s terms.
²²³ **tn** *Grk* “the promise of the eternal inheritance.”
²²⁴ **tn** *Grk* “a death having occurred.”
²²⁵ **tn** *Grk* “there is a necessity for the death of the one who made it to be proven.”
²²⁶ **sn** The Greek text reinforces this by negating the opposite (“not even the first covenant was inaugurated without blood”), but this double negation is not used in contemporary English.
²²⁷ **tn** *Grk* “which the Lord commanded for you (or in your case).”
²²⁸ **sn** A quotation from Exod 24:8.
²²⁹ **tn** Or “prototypes,” “outlines,” referring to the earthly sanctuary.
²³⁰ **tn** *Grk* “with these”; in the translation the referent (sacrifices) has been specified for clarity.
²³¹ **tn** *Grk* “the heavenly things themselves with better sacrifices than these.”
²³² **tn** Or “prefiguration.”
²³³ **tn** The word “sanctuary” is not in the Greek text at this point, but has been supplied for clarity.
²³⁴ **tn** *Grk* “and not that he might offer,” continuing the previous construction.
²³⁵ **tn** *Grk* “and after this—judgment.”
²³⁶ **sn** An allusion to Isa 53:12.
²³⁷ **tn** *Grk* “without sin,” but in context this does not refer to Christ’s sinlessness (as in Heb 4:15) but to the fact that sin is already dealt with by his first coming.
²³⁸ **tn** *Grk* “for salvation.” This may be construed with the verb “await” (those who wait for him to bring them salvation), but the connection with “appear” (as in the translation) is more likely.

Concluding Exposition: Old and New Sacrifices Contrasted

10:1 For the law possesses a shadow of the good things to come but not the reality itself, and is therefore completely unable, by the same sacrifices offered continually, year after year, to perfect those who come to worship.²³⁸ **10:2** For otherwise would they not have ceased to be offered, since the worshipers would have been purified once for all and so have²³⁹ no further consciousness of sin? **10:3** But in those sacrifices²⁴⁰ there is a reminder of sins year after year. **10:4** For the blood of bulls and goats cannot take away sins.²⁴¹ **10:5** So when he came into the world, he said,

“Sacrifice and offering you did not desire, but a body you prepared for me.

10:6 *“Whole burnt offerings and sin-offerings you took no delight in.*

10:7 *“Then I said, ‘Here I am.’²⁴² I have come—it is written of me in the scroll of the book—to do your will, O God.”²⁴³*

10:8 When he says above, *“Sacrifices and offerings and whole burnt offerings and sin-offerings you did not desire nor did you take delight in them”²⁴⁴* (which are offered according to the law), **10:9** then he says, *“Here I am: I have come to do your will.”* He does away with²⁴⁵ the first to establish the second. **10:10** By his will²⁴⁶ we have been made holy through the offering of the body of Jesus Christ once for all. **10:11** And every priest stands day after day²⁴⁷ serving and offering the same sacrifices again and again—sacrifices that can never take away sins. **10:12** But when this priest²⁴⁸ had offered one sacrifice for sins for all time, *he sat down at the right hand*²⁴⁹ of God, **10:13** where he is now waiting²⁵⁰ until his enemies are made a footstool for his feet.²⁵¹ **10:14** For by one offering he has perfected for all time those who are made holy. **10:15** And the Holy Spirit also witnesses to us, for after saying,²⁵² **10:16** *“This is the covenant that I will establish with them after those days, says the Lord. I will put²⁵³ my laws on their hearts and I will inscribe them on their minds,”²⁵⁴* **10:17** then he says,²⁵⁵ *“Their sins and their lawless deeds I will remember no longer.”²⁵⁶* **10:18** Now where there is forgiveness of these, there is no longer any offering for sin.

Drawing Near to God in Enduring Faith

10:19 Therefore, brothers and sisters,²⁵⁷ since we have confidence to enter the sanctuary by the blood of Jesus, **10:20** by the fresh and living way that he inaugurated for us²⁵⁸ through the curtain, that is, through his flesh,²⁵⁹ **10:21** and since we have a great priest²⁶⁰ over the house of God, **10:22** let us draw near with a sincere heart in the assurance that faith brings,²⁶¹ because we have had our hearts sprinkled clean from an evil conscience²⁶² and our bodies washed in pure water. **10:23** And let us hold unwaveringly to the hope that we confess, for the one who made the promise is trustworthy. **10:24** And let us take thought of how to spur one another on to love and good works,²⁶³ **10:25** not abandoning our own meetings, as some are in the habit of doing, but encouraging each other, and even more so because you see the day²⁶⁴ drawing near.²⁶⁵

10:26 For if we deliberately keep on sinning after receiving the knowledge of the truth, no further sacrifice for sins is left for us,²⁶⁶ **10:27** but only a certain fearful expectation of judgment and a *fury*²⁶⁷ of fire that will consume God’s enemies.²⁶⁸ **10:28** Someone who rejected the law of Moses was put to death²⁶⁹ without mercy *on the testimony of two or three witnesses.*²⁷⁰ **10:29** How much greater punishment do you think that person deserves who has contempt for²⁷¹ the Son of God, and profanes²⁷² the blood of the

²³⁸ **tn** *Grk* “those who approach.”

²³⁹ **tn** *Grk* “the worshipers, having been purified once for all, would have.”

²⁴⁰ **tn** *Grk* “in them”; the referent (those sacrifices) has been specified in the translation for clarity.

²⁴¹ **tn** *Grk* “for it is impossible for the blood of bulls and goats to take away sins.”

²⁴² **tn** *Grk* “behold,” but this construction often means “here is/there is” (cf. BAGD 371 s.v. ἰδοὺ 2).

²⁴³ **sn** A quotation from Ps 40:6-8. The author has quoted from the LXX, not the Hebrew OT. The phrase *a body you prepared for me* (in v. 5) is apparently an interpretive expansion of the MT reading “ears you have dug out for me.”

²⁴⁴ **sn** Various phrases from the quotation of Ps 40:6 in Heb 10:5-6 are repeated in Heb 10:8.

²⁴⁵ **tn** Or “abolishes.”

²⁴⁶ **tn** *Grk* “by which will.” Because of the length and complexity of the Greek sentence, a new sentence was started here in the translation.

²⁴⁷ **tn** Or “daily,” “every day.”

²⁴⁸ **tn** *Grk* “this one.” This pronoun refers to Jesus, but “this priest” was used in the translation to make the contrast between the Jewish priests in v. 11

and Jesus as a priest clearer in English.

²⁴⁹ **sn** An allusion to Ps 110:1.

²⁵⁰ **tn** *Grk* “from then on waiting.”

²⁵¹ **sn** An allusion to Ps 110:1.

²⁵² **tn** *Grk* “after having said,” emphasizing the present impact of this utterance.

²⁵³ **tn** *Grk* “putting... I will inscribe.”

²⁵⁴ **sn** A quotation from Jer 31:33.

²⁵⁵ **tn** *Grk* “and.”

²⁵⁶ **sn** A quotation from Jer 31:34.

²⁵⁷ **tn** *Grk* “brothers.” See note on the phrase “brothers and sisters” in 2:11.

²⁵⁸ **tn** *Grk* “that he inaugurated for us as a fresh and living way,” referring to the entrance mentioned in v. 19.

²⁵⁹ **sn** *Through his flesh.* In a bold shift the writer changes from a spatial phrase (Christ opened the way *through the curtain* into the inner sanctuary) to an instrumental phrase (he did this *through* [by means of] *his flesh* in his sacrifice of himself), associating the two in an allusion to the splitting of the curtain in the temple from top to bottom (Matt 27:51; Mark 15:38; Luke 23:45). Just as the curtain was split, so Christ’s body was broken for us, to give us access into God’s presence.

²⁶⁰ **tn** *Grk* “and a great priest,” continuing the construction begun in v. 19.

²⁶¹ **tn** *Grk* “in assurance of faith.”

²⁶² **sn** The phrase *our hearts sprinkled clean from an evil conscience* combines the OT imagery of the sprinkling with blood to give ritual purity with the emphasis on the interior cleansing provided by the new covenant: it is the heart that is cleansed and the conscience made perfect (cf. Heb 8:10; 9:9, 14; 10:2, 16).

²⁶³ **tn** *Grk* “let us consider one another for provoking of love and good deeds.”

²⁶⁴ **sn** *The day* refers to that well-known time of Christ’s coming and judgment in the future; see a similar use of “day” in 1 Cor 3:13.

²⁶⁵ **tn** This paragraph (vv. 19-25) is actually a single, skillfully composed sentence in Greek, but it must be broken into shorter segments for English idiom. It begins with several subordinate phrases (since we have confidence and a great priest), has three parallel exhortations as its main verbs (let us draw near, hold, and take thought), and concludes with several subordinate phrases related to the final exhortation (not abandoning but encouraging).

²⁶⁶ **tn** *Grk* “is left,” with “for us” implied by the first half of the verse.

²⁶⁷ **tn** *Grk* “zeal,” recalling God’s jealous protection of his holiness and honor (cf. Exod 20:5).

²⁶⁸ **sn** An allusion to Zeph 1:18.

²⁶⁹ **tn** *Grk* “the enemies.”

²⁷⁰ **sn** An allusion to Isa 26:11.

²⁷¹ **tn** *Grk* “dies.”

²⁷² **sn** An allusion to Deut 17:6.

²⁷³ **tn** *Grk* “tramples under foot.”

²⁷⁴ **tn** *Grk* “regarded as common.”

covenant that made him holy,²⁷³ and insults the Spirit of grace? **10:30** For we know the one who said, “*Vengeance is mine, I will repay,*”²⁷⁴ and again, “*The Lord will judge his people.*”²⁷⁵ **10:31** It is a terrifying thing to fall into the hands of the living God.

10:32 But remember the former days when you endured a harsh conflict of suffering after you were enlightened. **10:33** At times you were publicly exposed to abuse and afflictions, and at other times you came to share with others who were treated in that way. **10:34** For in fact you shared the sufferings of those in prison, and you accepted the confiscation of your belongings with joy, because you knew that you certainly²⁷⁶ had a better and lasting possession. **10:35** So do not throw away your confidence, because it²⁷⁷ has great reward. **10:36** For you need endurance in order to do God’s will and so receive what is promised.²⁷⁸ **10:37** For *just a little longer and he who is coming will arrive and not delay.*²⁷⁹ **10:38** *But my righteous one will live by faith, and if he shrinks back, I²⁸⁰ take no pleasure in him.*²⁸¹ **10:39** But we are not among those who shrink back and thus perish, but are among those who have faith and preserve their souls.²⁸²

People Commended for Their Faith

11:1 Now faith is being sure of what we hope for, being convinced of what we do not see. **11:2** For by it the people of old²⁸³ received God’s commendation.²⁸⁴ **11:3** By faith we understand that the worlds²⁸⁵ were set in order at God’s command,²⁸⁶ so that the visible has its origin in the invisible.²⁸⁷ **11:4** By faith Abel offered God a greater sacrifice than Cain, and through his faith²⁸⁸ he was commended as righteous, because God commended him for his offerings. And through his faith²⁸⁹ he still speaks, though he is dead. **11:5** By faith Enoch was taken up so that he did not see death, and he was not to be found because God took him up. For before his removal he had been commended as having pleased God. **11:6** Now without faith it is impossible to please him, for the one who approaches God must believe that he exists and that he rewards those who seek him. **11:7** By faith Noah, when he was warned about things not yet seen, reverently²⁹⁰ constructed an ark for the deliverance of his family. Through faith he condemned the world and became an heir of the righteousness that comes by faith.

11:8 By faith Abraham obeyed when he was called to go out to a place he would later receive as an inheritance, and he went out without understanding where he was going. **11:9** By faith he lived as a foreigner²⁹¹ in the promised land as though it were a foreign country, living in tents with Isaac and Jacob, who were fellow heirs²⁹² of the same promise. **11:10** For he was looking forward to the city with firm foundations,²⁹³ whose architect and builder is God. **11:11** By faith, even though Sarah herself was barren and he was too old,²⁹⁴ he received the ability to procreate,²⁹⁵ because he regarded the one who had given the promise to be trustworthy. **11:12** So in fact children²⁹⁶ were fathered by one man—and this one as good as dead—*like the number of stars in the sky and like the innumerable grains of sand²⁹⁷ on the seashore.*²⁹⁸ **11:13** These all died in faith without receiving the things promised,²⁹⁹ but they saw them in the distance and welcomed them and acknowledged that they were strangers and foreigners³⁰⁰ on the earth. **11:14** For those who speak in such a way make it clear that they are seeking a homeland. **11:15** In fact, if they had been thinking of the land that they had left, they would have had opportunity to return. **11:16** But as it is,³⁰¹ they aspire to a better land, that is, a heavenly one. Therefore, God is not ashamed to be called their God, for he has prepared a city for them. **11:17** By faith Abraham, when he was tested, offered up Isaac. He had received the promises,³⁰² yet he was ready to offer up³⁰³ his only son. **11:18** God had told him, “*Through Isaac descendants will carry on your name,*”³⁰⁴ **11:19** and he reasoned³⁰⁵ that God could even raise him from the dead, and in a sense³⁰⁶ he received him back from there. **11:20** By faith also Isaac blessed Jacob and Esau concerning the future. **11:21** By faith Jacob, as he was dying, blessed each of the sons of Joseph and *worshiped as he leaned on his staff.*³⁰⁷ **11:22** By faith Joseph, at the end of his life,³⁰⁸ mentioned the exodus of the sons of Israel³⁰⁹ and gave instructions about his burial.³¹⁰

²⁷³tn Grk “by which he was made holy.”
²⁷⁴sn A quotation from Deut 32:35.
²⁷⁵sn A quotation from Deut 32:36.
²⁷⁶tn Grk “you yourselves.”
²⁷⁷tn Grk “which,” but showing the reason.
²⁷⁸tn Grk “the promise,” referring to the thing God promised, not to the pledge itself.
²⁷⁹sn Quotations from Isa 26:20 and Hab 2:3.
²⁸⁰tn Grk “my soul.”
²⁸¹sn A quotation from Hab 2:4.
²⁸²tn Grk “not...of shrinking back to perdition but of faith to the preservation of the soul.”
²⁸³tn Or “the elders,” “the ancients.”
²⁸⁴tn Grk “were attested,” “received commendation”; and Heb 11:4-6 shows this to be from God.
²⁸⁵tn Grk “ages.” The temporal (ages) came to be used of the spatial (what exists in those time periods). See Heb 1:2 for same usage.
²⁸⁶tn Grk “by God’s word.”
²⁸⁷sn The Greek phrasing emphasizes this point by negating the opposite: “so that what is seen did not come into being from things that are visible.”
²⁸⁸tn Or “through his sacrifice”; Grk “through which.”
²⁸⁹tn Or “through his sacrifice”; Grk “through it.”
²⁹⁰tn Grk “showing devotion.”
²⁹¹tn Or “settled as a resident alien.”
²⁹²tn Or “heirs with him.”
²⁹³tn Grk “that has foundations.”
²⁹⁴tn Grk “past the time of maturity.”
²⁹⁵tn Grk “power to deposit seed.” Though it is not as likely, some construe this phrase to mean “power to conceive seed,” making the whole verse about Sarah: “by faith, even though Sarah herself was barren and too old, she received ability to conceive, because she regarded the one who had given the promise to be trustworthy.”
²⁹⁶tn Grk “these”; in the translation the referent (children) has been specified for clarity.
²⁹⁷tn Grk a collective “the sand.”
²⁹⁸sn An allusion to Gen 22:17 (which itself goes back to Gen 15:5).
²⁹⁹tn Grk “the promises,” referring to the things God promised, not to the pledges themselves.
³⁰⁰tn Or “sojourners.”
³⁰¹tn Grk “now.”
³⁰²tn Here “received the promises” refers to the pledges themselves, not to the things God promised.
³⁰³tn Grk “he was offering up.” The tense of this verb indicates the attempt or readiness to sacrifice Isaac without the actual completion of the deed.
³⁰⁴tn Grk “in Isaac seed will be named for you.”
³⁰⁵sn A quotation from Gen 21:12.
³⁰⁶tn Grk “having reasoned,” continuing the ideas of v. 17.
³⁰⁷tn Grk “in/by a symbol.”
³⁰⁸tn Grk “worshiped on the top of his staff,” a quotation from the Greek OT (LXX) of Gen 47:31.
³⁰⁹tn Grk “coming to an end,” “dying.”
³¹⁰sn Joseph’s prophecy about *the exodus of the sons of Israel* is found in Gen 50:24.
³¹⁰tn Grk “about his bones,” which refers by metonymy to the disposition of his bones, i.e., his burial.

11:23 By faith, when Moses was born, his parents hid him³¹¹ for three months, because they saw the child was beautiful and they were not afraid of the king's edict. **11:24** By faith, when he grew up, Moses refused to be called the son of Pharaoh's daughter, **11:25** choosing rather to be ill-treated with the people of God than to enjoy sin's fleeting pleasure. **11:26** He regarded abuse suffered for Christ³¹² to be greater wealth than the treasures of Egypt, for his eyes were fixed on³¹³ the reward. **11:27** By faith he left Egypt without fearing the king's anger, for he persevered as though he could see the one who is invisible. **11:28** By faith he kept the Passover and the sprinkling of the blood,³¹⁴ so that the one who destroyed the firstborn would not touch them. **11:29** By faith they crossed the Red Sea as if on dry ground, but when the Egyptians tried it, they were swallowed up. **11:30** By faith the walls of Jericho fell after the people marched around them³¹⁵ for seven days. **11:31** By faith Rahab the prostitute escaped the destruction of³¹⁶ the disobedient, because she welcomed the spies in peace.

11:32 And what more shall I say? For time will fail me if I tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets. **11:33** Through faith they conquered kingdoms, administered justice,³¹⁷ gained what was promised,³¹⁸ shut the mouths of lions, **11:34** quenched raging fire,³¹⁹ escaped the edge of the sword, gained strength in weakness,³²⁰ became mighty in battle, put foreign armies to flight, **11:35** and women received back their dead raised to life.³²¹ But others were tortured, not accepting release, to obtain resurrection to a better life.³²² **11:36** And others experienced mocking and flogging, and even chains and imprisonment. **11:37** They were stoned, sawed apart,³²³ murdered with the sword; they went about in sheepskins and goatskins; they were destitute, afflicted, ill-treated **11:38** (the world was not worthy of them); they wandered in deserts and mountains and caves and openings in the earth. **11:39** And these all were commended³²⁴ for their faith, yet they did not receive what was promised.³²⁵ **11:40** For God had provided something better for us, so that they would be made perfect together with us.³²⁶

The Lord's Discipline

12:1 Therefore, since we are surrounded by such a great cloud of witnesses,³²⁷ we must get rid of every weight and the sin that clings so closely, and run with endurance the race set out for us. **12:2** keeping our eyes fixed on Jesus, the pioneer and perfecter of our faith. For the joy set out for him he endured the cross, disregarding its shame, and *has taken his seat at the right hand of the throne* of God.³²⁸ **12:3** Think of him who endured such opposition against himself by sinners, so that you may not grow weary in your souls and give up. **12:4** You have not yet resisted to the point of bloodshed³²⁹ in your struggle against sin. **12:5** And have you forgotten the exhortation addressed to you as sons?

“My son, do not scorn³³⁰ the Lord's discipline or give up when he corrects³³¹ you.

12:6 *“For the Lord disciplines the one he loves and chastises every son he accepts.”³³²*

12:7 Endure your suffering³³³ as discipline;³³⁴ God is treating you as sons. For what son is there that a father does not discipline? **12:8** But if you do not experience discipline,³³⁵ something all sons³³⁶ have shared in, then you are illegitimate and not sons. **12:9** Besides, we have experienced discipline from³³⁷ our earthly fathers³³⁸ and we respected them; shall we not submit ourselves all the more to the Father of spirits and receive life?³³⁹ **12:10** For they disciplined us for a little while as seemed good to them, but he does so for our benefit, that we may share his holiness. **12:11** Now all discipline seems painful at the time, not joyful.³⁴⁰ But later it

³¹¹ **sn** The instructions about his burial are recorded in Gen 50:25.

³¹² **tn** *Grk* “Moses, when he was born, was hidden by his parents.”

³¹³ **tn** *Grk* “the abuse [or ‘reproach’] of Christ.”

³¹⁴ **tn** *Grk* “he was looking away to.”

³¹⁵ **tn** *Grk* “the pouring out of the blood.”

³¹⁶ **sn** The sprinkling of the blood refers here to the application of the blood to the doorways of the Israelite houses (cf. Exod 12:7, 13).

³¹⁷ **tn** *Grk* “after they had been encircled.”

³¹⁸ **tn** *Grk* “did not perish together with.”

³¹⁹ **tn** This probably refers to the righteous rule of David and others. But it could be more general and mean “did what was righteous.”

³¹⁸ **tn** *Grk* “obtained promises,” referring to the things God promised, not to the pledges themselves.

³¹⁸ **sn** Gained what was promised. They saw some of God's promises fulfilled, even though the central promise remained unfulfilled until Christ came (cf. vv. 39-40).

³¹⁹ **tn** *Grk* “quenched the power of fire.”

³²⁰ **tn** Or “recovered from sickness.”

³²¹ **tn** *Grk* “received back their dead from resurrection.”

³²² **tn** *Grk* “to obtain a better resurrection.”

³²³ **tc** The reading ἐπίσθησαν (*epristhēsan*, “they were sawed apart”) is found in some of the best MSS (ϩ46 [D* twice reads ἐπίρσθησαν, “they were burned?”] 1241^s syr^h sa Origen^{pl} Eusebius). Other MSS have ἐπειράσθησαν (*epēirasthēsan*, “they were tempted”), either before “sawed apart” (8 L P 048 33 81 326 1505 *et pauci* syr^h bo^{mss}), after “sawed apart” (ϩ13^{vid} A D^l Ψ 1739 1881 Byz lat bo Origen^{pl}), or altogether in place of “sawed apart” (0150 vg^{mss} Clement). Since the two words ἐπίσθησαν and ἐπειράσθησαν are so much alike in sight and sound, and since the position of “they were tempted” varies in the MSS, it seems best to say that ἐπειράσθησαν is an accidental corruption of ἐπίσθησαν or an intentional change to a more common word (the root of ἐπίσθησαν [πίρω] occurs only here in the NT, while the root of ἐπειράσθησαν [πειράζω] occurs much more frequently). The best reading here is “sawed apart” without any addition before or after.

³²⁴ **sn** The expression *these all were commended* forms an *inclusio* with Heb 11:2: the chapter begins and ends with references to commendation for faith.

³²⁵ **tn** *Grk* “the promise,” referring to the thing God promised, not to the pledge itself.

³²⁶ **tn** The Greek phrasing emphasizes this point by negating the opposite: “so that they would not be made perfect without us.”

³²⁷ **tn** *Grk* “having such a great cloud of witnesses surrounding us.”

³²⁸ **sn** An allusion to Ps 110:1.

³²⁹ **tn** *Grk* “until blood.”

³³⁰ **tn** Or “disregard,” “think little of.”

³³¹ **tn** Or “reproves,” “rebukes.” The Greek verb ἐλέγχω (*elenchō*) implies exposing someone's sin in order to bring correction.

³³² **sn** A quotation from Prov 3:11-12.

³³³ **tn** *Grk* “endure,” with the object (“your suffering”) understood from the context.

³³⁴ **tn** Or “in order to become disciplined.”

³³⁵ **tn** *Grk* “you are without discipline.”

³³⁶ **tn** *Grk* “all”; “sons” is implied by the context.

³³⁷ **tn** *Grk* “we had our earthly fathers as discipliners.”

³³⁸ **tn** *Grk* “the fathers of our flesh.” In Hebrews, “flesh” is a characteristic way of speaking about outward, physical, earthly life (cf. Heb 5:7; 9:10, 13), as opposed to the inward or spiritual dimensions of life.

³³⁹ **tn** *Grk* “and live.”

sn Submit ourselves...to the Father of spirits and receive life. This idea is drawn from Proverbs, where the Lord's discipline brings life, while resistance to it leads to death (cf. Prov 4:13; 6:23; 10:17; 16:17).

³⁴⁰ **tn** *Grk* “all discipline at the time does not seem to be of joy, but of sorrow.”

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produces the fruit of peace and righteousness³⁴¹ for those trained by it. **12:12** Therefore, *strengthen*³⁴² *your listless hands and your weak knees*,³⁴³ **12:13** and *make straight paths for your feet*,³⁴⁴ so that what is lame may not be put out of joint but healed.

Do Not Reject God's Warning

12:14 Pursue peace with everyone, and holiness,³⁴⁵ for without it no one will see the Lord. **12:15** See to it that no one comes short of the grace of God, that no one be like *a bitter root springing up*³⁴⁶ and causing trouble, and through him many become defiled. **12:16** And see to it that no one becomes³⁴⁷ an immoral or godless person like Esau, who *sold his own birthright for a single meal*.³⁴⁸ **12:17** For you know that³⁴⁹ later when he wanted to inherit the blessing, he was rejected, for he found no opportunity for repentance, although he sought the blessing³⁵⁰ with tears. **12:18** For you have not come to something that can be touched,³⁵¹ to a burning fire and darkness and gloom and a whirlwind **12:19** and the blast of a trumpet and a voice uttering words³⁵² such that those who heard begged to hear no more.³⁵³ **12:20** For they could not bear what was commanded: *"If even an animal touches the mountain, it must be stoned."*³⁵⁴ **12:21** In fact, the scene³⁵⁵ was so terrifying that Moses said, *"I shudder with fear."*³⁵⁶ **12:22** But you have come to Mount Zion, the city³⁵⁷ of the living God, the heavenly Jerusalem, and to myriads of angels, to the assembly **12:23** and congregation of the firstborn, who are enrolled in heaven, and to God, the judge of all, and to the spirits of the righteous, who have been made perfect, **12:24** and to Jesus, the mediator³⁵⁸ of a new covenant, and to the sprinkled blood that speaks of something better than Abel's does.³⁵⁹

12:25 Take care not to refuse the one who is speaking! For if they did not escape when they refused the one who warned them on earth, how much less shall we, if we reject the one who warns from heaven? **12:26** Then his voice shook the earth, but now he has promised, *"I will once more shake not only the earth but heaven too."*³⁶⁰ **12:27** Now this phrase *"once more"* indicates the removal of what is shaken, that is, of created things, so that what is unshaken may remain. **12:28** So since we are receiving an unshakable kingdom, let us give thanks, and through this let us offer worship pleasing to God in devotion and awe. **12:29** For our *God is indeed a devouring fire*.³⁶¹

Final Exhortations

13:1 Brotherly love must continue. **13:2** Do not neglect hospitality, because through it some have entertained angels without knowing it.³⁶² **13:3** Remember those in prison as though you were in prison with them,³⁶³ and those ill-treated as though you too felt their torment.³⁶⁴ **13:4** Marriage must be honored among all and the marriage bed kept undefiled, for sexually immoral people and adulterers God will judge. **13:5** Your conduct must be free from the love of money and you must be content with what you have, for he has said, *"I will never leave you and I will never abandon you."*³⁶⁵ **13:6** So we can say with confidence, *"The Lord is my helper, and I will not be afraid. What can man do to me?"*³⁶⁶ **13:7** Remember your leaders, who spoke God's message to you; reflect on the outcome of their lives and imitate their faith. **13:8** Jesus Christ is the same yesterday and today and forever! **13:9** Do not be carried away by all sorts of strange teachings,³⁶⁸ For it is good for the heart to be strengthened by grace, not ritual meals,³⁶⁹ which have never benefited those who participated in them. **13:10** We have an altar that those who serve in the tabernacle have no right to eat from. **13:11** For the bodies of those animals whose blood the high priest brings³⁷⁰ into the sanctuary as an offering for sin are

³⁴¹ **tn** *Grk* "the peaceful fruit of righteousness."

³⁴² **tn** Or "straighten."

³⁴³ **sn** A quotation from Isa 35:3. *Strengthen your listless hands and your weak knees* refers to the readers' need for renewed resolve and fresh strength in their struggles (cf. Heb 10:36-39; 12:1-3).

³⁴⁴ **sn** A quotation from Prov 4:26. The phrase *make straight paths for your feet* is figurative for "stay on God's paths."

³⁴⁵ **sn** The references to *peace* and *holiness* show the close connection between this paragraph and the previous one. The pathway toward "holiness" and the need for it is cited in Heb 12:10 and 14. More importantly Prov 4:26-27 sets up the transition from one paragraph to the next: it urges people to stay on godly paths (Prov 4:26, quoted here in v. 13) and promises that God will lead them in peace if they do so (Prov 4:27 in LXX, quoted in v. 14).

³⁴⁶ **tn** *Grk* "that there not be any root of bitterness," but referring figuratively to a person who causes trouble (as in Deut 29:17 LXX from which this is quoted).

³⁴⁷ **sn** An allusion to Deut 29:18.

³⁴⁸ **tn** *Grk* "that there not be any," continuing from v. 15.

³⁴⁹ **sn** An allusion to Gen 27:34-41.

³⁵⁰ **tn** Or "a command: for understand that."

³⁵¹ **tn** *Grk* "it," referring either to the repentance or the blessing. But the account in Gen 27:34-41 (which the author appeals to here) makes it clear that the blessing is what Esau sought. Thus in the translation the referent (the blessing) is specified for clarity.

³⁵² **tn** This describes the nation of Israel approaching God on Mt. Sinai (Exod 19). There is a clear contrast with the reference to Mount Zion in v. 22, so this could be translated "a mountain that can be touched." But the word "mountain" does not occur here and the more vague description seems to be deliberate.

³⁵³ **tn** *Grk* "a voice of words."

³⁵⁴ **tn** *Grk* "a voice...from which those who heard begged that a word not be added to them."

³⁵⁵ **sn** A quotation from Exod 19:12-13.

³⁵⁶ **tn** *Grk* "that which appeared."

³⁵⁷ **tn** *Grk* "I am terrified and trembling."

³⁵⁸ **sn** A quotation from Deut 9:19.

³⁵⁹ **tn** *Grk* "and the city"; the conjunction is omitted in translation since it seems to be functioning epexegetically—that is, explaining further what is meant by "Mount Zion."

³⁶⁰ **tn** The Greek word *μεσίτης* (*mesitēs*, "mediator") in this context does not imply that Jesus was a mediator in the contemporary sense of the word, i.e., he worked for compromise between opposing parties. Here the term describes his function as the one who was used by God to enact a new covenant which established a new relationship between God and his people, but entirely on God's terms.

³⁶¹ **sn** Abel's shed blood cried out to the Lord for justice and judgment, but Jesus' blood speaks of redemption and forgiveness, *something better than Abel's does* (Gen 4:10; Heb 9:11-14; 11:4).

³⁶² **sn** A quotation from Hag 2:6.

³⁶³ **sn** A quotation from Deut 4:24; 9:3.

³⁶⁴ **sn** This is a vague allusion to people described in scripture and extra-biblical literature and may include Abraham and Sarah (Gen 18:2-15), Lot (Gen 19:1-14), Gideon (Judg 6:11-18), Manoah (Judg 13:3-22), and possibly Tobit (Tob 12:1-20).

³⁶⁵ **tn** *Grk* "as being imprisoned together."

³⁶⁶ **tn** Or "since you too are vulnerable"; *Grk* "you also being in the body."

³⁶⁷ **sn** A quotation from Deut 31:6, 8.

³⁶⁸ **tc** Some MSS (N* C* P 33 1739 lat *et pauci*) omit the word "and."

³⁶⁹ **sn** A quotation from Ps 118:6.

³⁷⁰ **tn** *Grk* "by diverse and strange teachings."

³⁶⁹ **tn** *Grk* "foods," referring to the meals associated with the OT sacrifices (see the contrast with the next verse; also 9:9-10; 10:1, 4, 11).

³⁷⁰ **tn** *Grk* "whose blood is brought by the high priest."

burned outside the camp. **13:12** Therefore, to sanctify the people by his own blood, Jesus also suffered outside the camp. **13:13** We must go out to him, then, outside the camp, bearing the abuse he experienced.³⁷¹ **13:14** For here we have no lasting city, but we seek the city that is to come. **13:15** Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of our lips, acknowledging his name. **13:16** And do not neglect to do good and to share what you have,³⁷² for God is pleased with such sacrifices.

13:17 Obey your leaders and submit to them, for they keep watch over your souls and will give an account for their work.³⁷³ Let them do this³⁷⁴ with joy and not with complaints, for this would be no advantage for you. **13:18** Pray for us, for we are sure that we have a clear conscience and desire to conduct ourselves rightly in every respect. **13:19** I especially ask you to pray³⁷⁵ that I may be restored to you very soon.

Benediction and Conclusion

13:20 Now may the God of peace who by the blood of the eternal covenant brought back from the dead the great shepherd of the sheep, our Lord Jesus Christ, **13:21** equip you with every good thing to do his will, working in you what is pleasing before him through Jesus Christ, to whom be glory forever.³⁷⁶ Amen. **13:22** Now I urge you, brothers and sisters,³⁷⁷ bear with my message of exhortation, for in fact I have written to you briefly. **13:23** You should know that³⁷⁸ our brother Timothy has been released. If he comes soon, he will be with me when I see you.³⁷⁹ **13:24** Greetings to all your leaders and all the saints. Those from Italy send you greetings. **13:25** Grace be with you all.

³⁷¹ **tn** *Grk* “his abuse.”

³⁷² **tn** *Grk* “neglect doing good and fellowship.”

³⁷³ **tn** Or “as ones who will give an account”; *Grk* “as giving an account.”

³⁷⁴ **tn** *Grk* “that they may do this.”

³⁷⁵ **tn** *Grk* “I urge you to do this all the more.”

³⁷⁶ **tc** Some MSS (Ⲙ A K P 33 81 1739 *Byz*) include the words “and ever” here, but the shorter reading (supported by Ɀ46 C³ D Ψ *al*) is preferred on internal grounds.

³⁷⁷ **tn** *Grk* “brothers.” See note on the phrase “brothers and sisters” in 2:11.

³⁷⁸ **tn** *Grk* “Know that” (an imperative).

³⁷⁹ **tn** *Grk* “has been released, with whom, if he comes soon, I will see you.”