

Life Together

011920

"Let the Word of Christ dwell in you richly" (Col 3:16).

Chapter 2 Review: The Day Together

- **Two key assumptions**
 1. Authority of the Word
 2. Unity of the Body

- **The Day Together**
 1. **The Morning**
 - "Belongs to the church, not to the individual."
 - The morning "should not be burdened and haunted by the various kinds of concerns faced during the working day."
 - Practices
 - Pray the Psalms together ("on the basis of the Word of God").
 - Hymns of the church (singing together)
 - Scripture reading
 - Public prayer
 - Sharing meals together
 2. **The Day = Work**
 - No secular/sacred divide (Luther)
 - *"Whatever we do, we do it from our hearts, as done for the Lord and not done for human beings" (Col 3:23).*
 3. **The Evening**
 - Meal
 - Intercession
 - Final Word

"One day is long enough to keep one's faith; the next day will have its own worries."

Small Group Time

1. The Day Together (Ch 2): What quote stood out to you or what theme regarding community stood out to you? Moving forward, how could this quote/theme impact your actions in your community?
2. Practices: What was easy/hard for you this week? What were some of your thoughts/feelings as you did the practices this week?

Practices this week (from Chapter 3)

- Morning
 1. Read a chapter a day: Philippians 1-4, Colossians 1-2
 2. Spend 10 minutes in silence
 - 5 minutes meditating over a word/phrase that captures your attention
 - 5 minutes interceding for others

- Optional: Sabbath
 1. Either schedule a 6 hour chunk for hiking, gardening, reading, sleeping, etc
 2. Or an hour a day as a Sabbath moment