

# Living Well, Seeking Wisdom



Peninsula Bible Church  
Cupertino

Women's Retreat  
March 20-22, 2009

Mount Hermon  
Conference Center  
Mt. Hermon, CA

# Welcome to PBCC's 2009 Women's Retreat!

Take a deep breath...smell the mountain air? The busy week is behind you and now it's time to retreat! Take a moment and let it soak in... this is the weekend you've set aside and we want you to feel complete freedom. There will be time for worship and teaching, time for community and solitude, and of course time for fun! "May God equip each of us with everything good for doing his will, and may he work in us what is pleasing to him through Jesus Christ, to whom be glory for ever and ever. Amen" (Heb. 13:21)

-Your 2009 Retreat

Team

## Conference Schedule

(All Worship/Teaching times are held in the auditorium)

### Friday

Registration	4:30 pm - 7:00 pm
Dinner	7:00 pm - 7:45 pm
Worship/ Getting to know Dana	8:00 pm

### Saturday

Breakfast	8:00 am - 8:45 am
Worship/Teaching	9:15 am
Devotional Time	11:30 am - 12:30 pm
Lunch	12:30 pm - 1:15 pm
Free Time or Optional Afternoon Workshops	1:30 pm - 6:00 pm
Workshops (see page 5)	1:30 pm - 3:00 pm
Knitting/crafting in Cental Lounge	3:00 pm - 5:00 pm
Q & A with Dana	5:00 pm - 6:00 pm
Dinner	6:00 pm - 6:45 pm
Worship/Teaching	7:15 pm
Snacks, Games & Movie	9:00 pm

### Sunday

Breakfast	8:00 am - 8:45 am
Worship/Teaching, Body Life & Communion	9:15 am

Lunch

12:30 pm - 1:15 pm

## - Special Notes -

### Saturday Night Games, Movie and Snacks -

Join us in the multi-purpose room after the session Saturday evening for snacks and fun together. You can enjoy playing games, watching the movie "Sabrina" on the big screen or just hanging out.

### Prayer Room - Fireside Room -

You are welcome to come pray with a prayer team member on Friday evening from 9:00 to 10:00, on Saturday during the devotional time (11:30-12:30), after the afternoon sessions (3:00-5:00) or after the evening session (9:00-10:00). Prayer team members will also be available in the auditorium following each session.

### Amenities -

During your retreat if you are looking to spend time with friends or make new ones, you are welcome to visit The Fountain for treats, the Central Lounge for the coffee bar, the Field House for the fitness center and basketball/volleyball courts and game tables (1-5:30 and 9-11 pm) and browse the Book Shop. For the adventurous, you may sign up for the outdoor climbing wall (\$10), the ropes course (\$20) or the Redwood Canopy Tour (\$50) with six zip lines (allow 2 hours). Sign up at the back of the auditorium Saturday morning for Saturday afternoon fun!

### Session Recordings -

The sessions will all be posted on the pbcc.org website. If you would like to order a CD for \$5.00, please see Sharon Cole-

### Retreat Team:

Lisa Cochrum, Sharon Coleman, Marni Cook,  
Lydia Jiménez, Annaliese Neale, Jean Norman and  
Debra Tucker.

(We're in Redwood Cabin)

## About Our Speaker...

**SPEAKER** Dana Harris was born and raised in California, and became a Christian at a Billy Graham crusade at age 15. While an undergraduate at Stanford University, she was a Young Life leader and active with college campus groups. After graduation, she was in our Peninsula Bible Church internship program for 2 years, where she delighted to study God's word in depth and began a long-term love for Greek. She was also involved with junior high school ministry and tutoring immigrant Hispanic children. Dana has been involved in short-term missions in Mexico, Romania, the Czech Republic, and France. She is currently completing a PhD in NT at Trinity, and is a full-time instructor in the New Testament department at the seminary. Dana considers it a great joy to open God's word for His people and to see their growing delight in discovering Him through His word.



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### Q & A with Dana Harris

Sat. 5:00-6:00 pm Multi-purpose Room  
Join us for a casual Question and Answer  
session with Dana.

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### Worship Team

led by Marni Cook  
Piano/Vocals: Sue Bell  
Guitar: Lucinda King  
Bass Guitar: Karen Downing  
Autoharp: Gabi Banks  
Percussion/Drums: Lydia Kirchhofer  
Vocals: Darcy Lima, Sharyn Vos, Marni Cook  
Sound: Amy McConnell  
Women's Ensemble Director: Beth Drew  
Slides: Lalaine Gagné

~ Saturday Sessions~

**Victory over Anxiety      1:30-3:00 pm      Multi-purpose Room**

Life offers a multitude of real reasons to worry...the economy, work responsibilities, our marriage or our singleness, our children, our friends, our health or our loved ones' health, our weight...

In Luke 8:14 Jesus says that worry, as well as the riches and pleasures of this life, can choke out our fruitfulness and stifle both the development of His life within us and His blessing of others through us. Distracted by our "issues," we pray at the Lord rather than connect with Him and we are too burdened and uptight to encourage and build into the lives of those whom we love.

Join Erica as she shares what she's learned from her experiences and from God's word to gain perspective on dealing with these very real concerns and how to allow them to become a setting for ever-growing closeness with the Lord and our loved ones.

Erica Lawry is a PBC missionary who, with her husband Steve, teaches biblical counseling principles to students at Stanford.

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**More Lessons from June's Lifetime      1:30-3:00 pm      Auditorium**

As she did at our recent Women's Night, June will continue sharing lessons learned from her life and from God's word through various phases such as marriage and parenting, being in the sandwich generation and caring for both her children and her parents until her parents' deaths, enduring menopause and ultimately aging.

June McCuiston and her husband Walt have been at PBC for over 34 years and June loves to share with women from the word of God, so bring your Bibles and enjoy hearing from this "seasoned saint" who's been walking with and serving the Lord for over 60 years.

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**Praise Him with Tambourine & Dancing!      1:30-3:00 pm      Lakeside**

Come and learn a few of the basics of Middle Eastern Belly Dancing! All ages and sizes welcome. A fun way to exercise and connect with your inner dancer! Totally "G" rated and meant to be just pure fun. Wear loose comfortable clothing and if you have one, bring a sash or scarf to tie around your hips.

Mary Kies and her husband Tom have been at PBC since 1993 and Mary has taken belly dance classes and performed in a local belly dance troupe, Raks Jenna, for over 12 years.

# Wisdom and the Path to Life

## Proverbs 1

March 21, 2009 – Saturday Morning

### I. Introduction to Proverbs and Wisdom

#### A. Proverbs, Wisdom, and the Path to Life

Col 2:2–3: “. . . Christ Himself, in whom are hidden all the treasures of wisdom and knowledge.”

John 10:10: “I came that they might have life and might have it abundantly.”

#### B. Wisdom Is a Worldview

#### C. The Book of Proverbs (see 1 Kings 3:3–15; 4:32–34)

### II. A Closer Look at Proverbs 1:1–7

#### A. Wisdom Begins with the Fear of the Lord

Proverbs 1:7: “The fear of the LORD is the beginning of knowledge.”

#### B. Wisdom Must Be Sought

1. The Essential Requirement: A Receptive Heart

2. People along the Path

a. The foolish

b. The young

c. The wise

3. The Language of Wisdom

#### C. Wisdom Offers Rich Treasures

1. Wisdom offers the fullness of life as it was intended to be.

2. Wisdom protects us from a wasted life.

3. Wisdom keeps us on the path to life.

John 14:6: “I am the way, the truth, and the life.”

Session 1 ~ Notes  
Wisdom and the Path to Life  
Proverbs 1

# Get Wisdom . . . Whatever It Takes!

Proverbs 2

March 21, 2009 – Saturday Evening

- A. Get Wisdom . . . Whatever It Takes!, vv. 1–4
  - 1. The Initial Requirement: A Receptive Heart, vv. 1–2
  - 2. The Ongoing Requirement: An Intentional Focus, vv. 3–4
- B. Wisdom Fosters a Life Well-Lived, vv. 5–11
  - 1. Wisdom Benefits Your Relationship with the Lord, vv. 5–8
  - 2. Wisdom Benefits Your Relationships with Others, vv. 9–11
- C. Wisdom Protects from a Wasted Life, vv. 12–19
  - 1. Wisdom Protects You from Deception, vv. 12–15
    - a. The “twistedness” of evil, v. 12
    - b. The distraction of evil, vv. 13–15
  - 2. Wisdom Protects You from Seduction, vv. 16–19
    - a. The illusion of seduction, v. 16
    - b. The destruction of seduction, vv. 17–19
- D. Wisdom and the Outcome of Choices, vv. 20–22
  - 1. Wisdom Leads to a Thriving and Protected Life, vv. 20–21
  - 2. Folly Leads to a Wasted and Ruined Life, v. 22



Session 2 -Notes  
Get Wisdom...Whatever It Takes!  
Proverbs 2

# Brunch at The Ritz or a Condemned Dive?

Proverbs 9

March 22, 2009 – Sunday Morning

- I. The Banquet at Lady Wisdom's House (Prov 9:1-6)
  - A. The house (v. 1)
  - B. The fare (v. 2)
  - C. The invitation (v. 3)
  - D. The guests (v. 4)
  - E. The gracious hostess (vv. 5-6)
  - F. No RSVP required – just a hunger for wisdom!
  
- II. Deception at Lady's Folly's Dive (Prov 9:13-18)
  - A. The deceptive hostess (vv. 13-15)
  - B. The "invitation" (v. 16)
  - C. The fare (v. 17)
  - D. The outcome (v. 18)
  
- III. Which Invitation Are You Going to Accept?
  - A. Recall the three types of people in Proverbs
    1. The fool (the closed heart)
    2. The wise (the receptive heart)
    3. The young (somewhere in between)
  - B. Choose the Right Invitation!
    1. A warning about scoffers (vv. 7-8a)
    2. A word to the wise (vv. 8b-11)
    3. The call to decide (v. 12)
  
- IV. Applications from Proverbs 1-9
  - A. Cultivate a receptive heart
  - B. Choose life
  - C. Walk rightly (Col 1:9-12)

Session 3 ~ Notes  
Brunch at the Ritz  
Proverbs 9

Questions for Further Thought  
Wisdom and the Path to Life

Proverbs 1

March 21, 2009 – Saturday Morning

How would you describe your own life journey? What does the path that you are walking on at this point in time look like?

What are some things (or people) that you think are holding you back from truly experiencing life to its fullest?

In what ways does your life feel fragmented? What are the different “boxes” or compartments that make up your life?

What would it look like in your life to have a more integrated view of God, others, and yourself?

Take a moment to honestly consider which of the three types of people found in Proverbs—the youth, the simple (or the fool), the wise—most closely characterizes you right now. Also consider how various areas of your life reflect these various types of people.

Are there areas of your life where you are not open to instruction and find it difficult to receive God’s word regarding those areas? What things might need to change in your heart for you to be more able to receive God’s word?

Take some time to meditate on Proverbs 1:7: “The fear of the LORD is the beginning of knowledge.” Is the word fear hard for you to understand? Does it bring up images of God that reflect your childhood or some other life experience, but which are not really biblical?

## Get Wisdom . . . At Any Cost!

### Proverbs 2

March 21, 2009 – Saturday Evening

Imagine receiving a very valuable piece of jewelry. What steps would you take to protect this treasure? How would you feel about receiving such a valuable object? Now think about God's wisdom as an even more valuable treasure. What steps might you take to protect this treasure? How do you feel about receiving such a valuable object?

What does it mean to seek after God's wisdom? How can you apply Matthew 6:33 ("But seek first his kingdom and his righteousness and all these things will be given to you as well.") to your own life?

List some practical ways in which following after God's ways might protect you from harm.

Where are some areas in your life in which you could use more discretion? Have you ever said something that you later regretted saying? How might Proverbs 2 have helped in this situation?

In Proverbs 2, deception is pictured as a man, something like a con artist. If you had to pick another picture of deception, what would it be?

When are you tempted to resort to deception in your own life? Do you ever tell "white" lies? Is there some area in your life where you are deceiving yourself or others?

How does Proverbs 2 help you to recognize and avoid deceptive practices or people?

In Proverbs 2, seduction is picture as a woman, something like Jezebel. If you had to pick another picture of seduction, what would it be?

What things are seductive to you? Think about advertising and products that you are tempted to fall for. Are there things or situations that you think will bring you life, but are actually leading to death?

How does Proverbs 2 help you to recognize and avoid seductive practices or people?

How do the two final images of Proverbs 2 (the picture of abundant life and the picture of being cut off) impact you? Where are you headed?

## Brunch at The Ritz or a Condemned Dive?

Proverbs 9

March 22, 2009 – Sunday Morning

Take a few minutes to imagine what a banquet at Lady Wisdom's mansion might look like. How would you feel to receive an invitation to a very elegant event? How would you feel to receive the invitation?

Now take a few minutes to imagine what Lady Folly's place might look like. How would you feel if you received a seemingly elegant invitation that actually led to the city dump? Try to imagine how it would feel to be deceived in this way.

Recall the three types of people in Proverbs: the simple (or the fool), the wise, and the young (or impressionable). After studying Proverbs, which one do you think you are? Can you identify these types of people with specific areas of your life?

Are there areas of your life in which you are like the scoffers? Do you ever insist on getting your own way? Or think that you have the answers figured out already? Are there areas of your life in which there is no accountability? How might you wisely open up these areas to others in the Body of Christ?

Proverbs 9 leaves us with a call to make a decision. This might be a good time to ask yourself if you have truly chosen to follow Christ. Or perhaps you might ask yourself if you have truly surrendered your life to Christ. If there are areas in your life that you have refused to give over to the Lord, how does Proverbs 9 challenge you?

Perhaps you have been walking with Jesus for many years. Are there areas in your life in which you have actually been walking on the path of folly leading to death? Remember, this isn't ultimate death apart from Christ, but a deadness in life that is far from the abundance pictured by the banquet at Lady Wisdom's mansion. How does Proverbs 9 encourage you to seek wisdom?

# - Retreat Reflections -

