



Questions for Reflection

Does turning towards God feel like an external duty or is it a desire associated with how we were intended to live? How might God be inviting you to talk to him about this? What stands in the way of praying to deepen your desire?

What are factors in your life that lead to turning away from God? What helps you to turn towards God? What increases faith, hope, and love? What lessens faith, hope, and love?

How would you describe your primary identity, who you are? How have you sought to gain identity in the past?

When have you experienced God's love in your life? Who in your life has loved you unconditionally and without judgment? Where do you seek love? Can you receive God's name for you as the beloved?

How would you describe your image of God? How might your image of God be distorted by parents, teachers, relatives, friends?

Is there a false narrative of yourself that keeps you from being your true self in Christ?

Name any distorted attachments in your life. Pray about these things and surrender them to God.

Nothing is more practical than
finding God, that is, than
Falling in Love
in a quite absolute, final way.
What you are in love with,
what seizes your imagination,
will affect everything.
It will decide
what will get you out of bed in the morning,
what you do with your evenings,
how you spend your weekends,
what you read, whom you know,
what breaks your heart,
and what amazes you with joy and gratitude.
Fall in love, stay in love,
and it will decide everything.

—Pedro Arupe