



Guiding Children to Solve Their Own Problems

- Love and Logic Step One:** **Empathy.**
 “How sad.”
 “I bet that hurts.”
- Love and Logic Step Two:** **Send the “Power Message.”**
 “What do you think you’re going to do?”
- Love and Logic Step Three:** **Offer choices.**
 “Would you like to hear what other kids have tried?”
 At this point, offer a variety of choices that range from bad to good. It’s usually best to start out with the poor choices.
 Each time a choice is offered, go on to step four, forcing the youngster to state the consequence in his/her own words. This means that you will be going back and forth between Love and Logic steps three and four.
- Love and Logic Step Four:** **Have the child state the consequences.**
 “And how will that work?”
- Love and Logic Step Five:** **Give permission for the child to either solve the problem or not solve the problem.**
 “Good luck. I hope it works out.”
 Have no fear. If the child is fortunate enough to make a poor choice, he/she may have a double learning lesson.

*People who are really successful implementing this skill
 Purchased Real World Parenting Solutions*

