

Resources

Love and Logic Website Information

Loveandlogic.com
1-800-338-4065

Love and Logic Instructors in the San Jose area:

Joan Okun 408.202.3044

Mary Eschen
<http://www.parentingwithlogic.com/>

Steve Darrow
<http://www.stevedarrow.org>

Other books I would recommend:

How We Love our Kids by Milan and Kay Yerkovich

Loving Our Kids on Purpose by Danny Silk

Raising An Emotionally Intelligent Child: The Heart of Parenting by John Gottman

Net Addiction Resources

Cyber Junkie by Kevin Roberts
<http://www.netaddictionrecovery.com/>

Janie Sacks
Licensed Marriage and Family Therapist
408.535.0163